

Drug	Dose Equivalent to Methadone 1 mg	Time for Effects to Wear off	Onset of Withdrawal	Peak of Withdrawal	End of Withdrawal
Fentanyl	0.01 mg	1 h	3-5 h	8-12 h	4-5 days
Meperidine	20 mg	2-3 h	4-6 h	8-12 h	4-5 days
Oxycodone	1.5 mg	3-6 h	8-12 h	36-72 h	≈7-10 days
Hydromorphone	0.5 mg	4-5 h	4-5 h	36-72 h	≈7-10 days
Heroin	1-2 mg	4 h	8-12 h	36-72 h	7-10 days
Morphine	3-4 mg	4-5 h	8-12 h	36-72 h	7-10 days
Codeine	30 mg	4 h	8-12 h	36-72 h	≈7-10 days
Hydrocodone	0.5 mg	4-8 h	8-12 h	36-72 h	≈7-10 days
Methadone	NA	8-12 h	36-72 h	96-144 h	14-21 days

NA: not applicable.
Source: Reference 6.

Opioid Withdrawal Attenuation Cocktail

Acute Withdrawal:

Clonidine 0.1mg QID x anticipated length of withdrawal. (Check BP & watch for hypotension)

Diarrhea: Hyocosamine 0.125mg every 4-6 hours PRN

Myalgias: Ibuprofen 400mg po QID or Acetamenophen 325mg po Q6hrs

Anxiety: Hydroxyzine 25mg po TID

Insomnia: Trazodone 50-300mg po QHS

Nausea: Ondansetron 8mg po BID x anticipated length of withdrawal. (Check QTc)

Anticipated Withdrawal As A Part of a Planned Taper:

Anxiety: Gabapentin starting at 600 mg TID and titrating up as necessary, max dose 1200mg/TID.

Clonidine 0.1mg QID x anticipated length of withdrawal. (Check BP & watch for hypotension)

Diarrhea: Loperamide 4mg then 2mg QID

Myalgias: Ibuprofen 400mg po QID or Acetamenophen 325mg po Q6hrs

Anxiety: Hydroxyzine 25mg po TID

Insomnia: Trazodone 50-300mg po QHS; Mirtazapine 15-30 mg qHS

Nausea: Ondansetron 8mg po BID x anticipated length of withdrawal. (Check QTc)